

American Diabetes Association

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More in the Series

The Prevent Diabetes Problems Series includes seven booklets that can help you learn more about how to prevent diabetes problems.

- *Prevent diabetes problems: Keep your diabetes under control*
- *Prevent diabetes problems: Keep your eyes healthy*
- *Prevent diabetes problems: Keep your feet healthy*
- *Prevent diabetes problems: Keep your heart and blood vessels healthy*
- *Prevent diabetes problems: Keep your kidneys healthy*

- *Prevent diabetes problems: Keep your mouth healthy*
- *Prevent diabetes problems: Keep your nervous system healthy*

For free single copies of these booklets, write, call, fax, or email the

National Diabetes Information Clearinghouse
1 Information Way

Bethesda, MD 20892-3560

Phone: 1-800-860-8747

TTY: 1-866-569-1162

Fax: 703-738-4929

Email: ndic@info.niddk.nih.gov

These booklets are also available at
www.diabetes.niddk.nih.gov.

